Assistive Technology

Tools & Resources for Independence



Thank you for volunteering as an AmeriCorps Seniors RSVP peer educator. This Assistive presentation provides audiences with an overview of resources and services available to older adults, people with disabilities, and caregivers. As a presenter, you won't provide all the answers to participants' life challenges, but you can guide them toward organizations and programs that can help.

Goal: Participants will learn about common types of assistive technology and programs that can help older adults and persons with disabilities access needed tools.

Learning Objectives

Short Term:

By the end of this presentation, participants will be able to:

- 1. Define assistive technology
- 2. List examples of low-, mid-, and high-tech assistive technology
- 3. Describe some types of disabilities for which AT may be useful
- 4. Understand how Empowerline can help people access AT
- 5. Be able to identify alternative sources of AT funding and equipment

Facilitator Instructions and Visual Aids (PowerPoint)

- The facilitator guide is provided in the pages that follow.
- If you are using a computer for the PowerPoint presentation, refer to the script in this guide.
- If you choose not to use a computer for the PowerPoint presentation, the printed version of the slides can still be used if needed.

Handouts

The handouts that accompany this presentation are indicated by a screenshot within the facilitator's guide. Each handout can be distributed when applicable, given at the beginning of the presentation, or held until the end.

Facilitator Tips

Focus on **engaging participants** in a dialogue about resources and services rather than presenting the information as an instructor. Talk WITH participants, not AT them. Ideally, have **everyone sit in a semi-circle or around a table** to create a group environment. However, you may be limited by the room set-up or space available. If you are using the PowerPoint presentation, which tends to feel more formal, **ask questions often** to encourage participation.

Ensure that participants have the **Empowerline** phone number (404-463-3333) and website (<u>www.empowerline.org</u>). Encourage them to call for more information about community-specific services.

Remember, as an AmeriCorps Seniors RSVP volunteer for the Atlanta Regional Commission, you are required to stay neutral and not promote any services, goods, or products during the presentation.

Time Layout

Sections	Page #	PowerPoint Slides Addressed	Activity/Handout	Time (60 min. total)
Personal Introduction / Agenda	4-5	Slides 1-2	Icebreaker / Personal introductions	4 min.
Definition & Types	6-7	Slides 3-4		4 min.
Who Uses AT	8-10	Slides 5-7		4 min.
Sample Categories	11	Slide 8		2 min.
Waking up	12	Slide 9		2 min.
Bathing & Dressing	13	Slide 10		2 min.
Kitchen & Dining	14-15	Slides 11-12	AT Eating Flyer	4 min.
Using the Phone	16	Slide 13		2 min.
In the Car	17	Slide 14		2 min.
Medical Uses	18-20	Slides 15-17		6 min.
Voice Control	21	Slide 18		2 min.
Empowerline Help	22	Slide 19		2 min.
FODAC	23	Slide 20		2 min.
Georgia TEDP	24	Slide 21		2 min.
More Resources	25	Slide 22	AT Resource Contact Sheet	4 min.
Disclaimer	26	Slide 23		2 min.
Empowerline Contact Information	27	Slide 24	Empowerline Card	2 min.
Examination of sample AT	N/A	N/A	Assorted Props	6 min.
Quick Recap & Conclusion Evaluation	28	Slide 25	Distribute and collect Participant Feedback Form. Complete Presenter Feedback Form while you wait.	10 min.

		Hosts may choose to email the PDF or circulate a group copy of the 52-page Empowerline AT Guide.	
<u>Total</u>			60 min

Evaluation Tools

- ✓ Participant Survey: This survey is intended to gauge whether participants found the program to be helpful and if they intend to take action based on what they learned. Participants should fill out the survey at the end of the presentation.
- ✓ **Facilitator Evaluation:** This report will help determine if the learning objectives were accomplished. This report is also a chance for you, the facilitator, to reflect upon how the program went. After each lesson, complete the corresponding section of the report.

Please return all completed evaluations to the RSVP Volunteer Coordinator (Cynthia Haley Dunn) at the ARC office no more than one week following the presentation. Evaluation tools are further described below. You may submit evaluations by mail or electronically.

It is important to collect information about the session to determine the effectiveness of the services provided.

- At the end of each module, you should fill out the corresponding part of the Facilitator Evaluation, so that your feedback can be integrated into this program.
- At the end of the module, participants should fill out the Participant Survey & Evaluation. Please encourage everyone to give honest answers.

Remember... It is important as an RSVP volunteer to remain neutral and to not promote any for-profit services, goods, or products. Encourage participants to discuss any concerns about specific services with Empowerline counselors or providers.

Questions/ Suggestions?

If you have any questions about the program or suggestions for improvement, please contact the AmeriCorps Seniors RSVP Volunteer Coordinator, **Cynthia Haley Dunn, at** cdunn@atlantaregional.org.

PowerPoint slide images, facilitator's notes, and a suggested script follow.



Assistive Technology

Tools & Resources for Independence



Presented by AmeriCorps Seniors Metro Atlanta RSVP A Program of the Atlanta Regional Commission





Facilitator Instructions:

Note: Presenters will receive a collection of sample devices to circulate among audience members. These devices may not be featured in the presentation. They are, however, representative of simple AT that is readily available.

- 1. Greet participants and welcome them to the module. ▶Say:
 - Hello everyone and thank you for coming today. My name is _____ and I am an AmeriCorps Seniors RSVP volunteer here on behalf of the Atlanta Regional Commission (ARC). Today, we will be discussing assistive technology that can help you live more independently, plus resources to make it accessible.
- 2. Emphasize confidentiality. ▶Say:

I encourage you to think about and discuss these topics outside of our session, but I ask that you keep the stories and opinions private.

3. Verify understanding. ▶Say:

Before we get started, does anyone have any questions? Ok, let's get started!

4. Explain the presentation agenda. ▶Say:

We have some handouts we will be giving you that will summarize some of this information, but we encourage you to also take notes.



Today, we will talk about . . .

- What Assistive Technology (AT) is
- · What it looks like
- Who may find it useful
- How to access AT through Empowerline
- Other sources of AT funding and equipment



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Disregard distortions in this sample slide image. They do not appear in the original.

Sample Script:

Today we will talk about Assistive Technology:

- What it is
- The many types of Assistive Technology that are available, and
- Who may find AT useful

Next, we'll look at ways for you to get the Assistive Technology that can help you.

- We'll discuss how you can access AT through Empowerline. It's the Aging and Disability Resource Connection for Metro Atlanta.
- Then we will conclude today's presentation with a look at other sources of AT funding and equipment.





What is Assistive Technology (AT)?

AT is an item or a piece of equipment that is used to increase, maintain, or improve the functional capabilities opersons with disabilities.

AT is useful inall aspects of life, including school, at work, at home and in the community.

Assistive technologycan be simple or complex. The AT continuum ranges from

- low tech (walkers and bath benches) to
- high tech (using your smart phone to turn on and off your lights).



Reference: Assistive Technology Act of 1998 (AT Act) Public Law 105394



Assistive Technology (or AT) is an item or a piece of equipment that is used to increase, maintain, or improve the functional capabilities of persons with disabilities. But you know what? Everyone can benefit from AT. It can provide convenience while helping you maintain independence and dignity.

AT can be used in school, at work, at home, and in the community.

It can be low-tech, mid-tech, or high-tech.

- Examples of low-tech AT would be walkers and bath benches.
- High-tech AT is at the other end of the spectrum. An example is when you use your smart phone to turn your lights off and on.



Types of Assistive Technology

Low-tech

- Handheld magnifiers
- Canes or walkers
- Reachers/grabbers
- Specialized pen or pencil grips
- Manual wheelchairs
- Books on CD

Mid-tech

- Digital recorder
- Calculator
- Electronic dictionary & thesaurus
- Portable notetaker
- Mini-book light
- Switch-operated small appliances

High-tech

- Power wheelchairs or scooters
- · Digital hearing aids
- Desktop computer
- Laptop
- iPad
- iPod
- Software
- Apps



► Sample Script

Let's talk about more examples of low-, mid-, and high-tech Assistive Technology.

Examples of low-tech AT include handheld magnifiers, canes or walkers, reachers and grabbers, specialized pen or pencil grips, manual wheelchairs, and books on CD.

Mid-tech AT might include a digital recorder, a calculator, an electronic dictionary and thesaurus, a portable note-taker, a mini book light, or a switch-operated small appliance.

When it comes to high-tech AT, think of power wheelchairs and scooters, digital hearing aids, desktop computers, laptops, iPads, iPods, software, and apps.

Ask Participants:

Did the lists surprise you? Which types of AT do you already have in your home right now?

Many of these items may be available through specialized assistive technology vendors, durable medical equipment providers, pharmacies, large general-interest stores, or online retailers such as Amazon.



Who can use assistive technology?

According to the World Health Organization, over 54 million individuals in the United States have disabilities that affect their ability to:

- see
- hear
- communicate
- walk
- reason
- perform other basic life functions.

Globally, more than one billion people need one or more assistive products.



▶Sample Script

Who can use assistive technology? Everyone can. But AT is especially useful to the more than 54 million people in the U.S. who have disabilities that affect these functions:

- vision
- hearing
- communication
- walking
- reasoning
- and the performance of other basic life functions.

Now, let's look globally. According to the World Health Organization, more than one billion people around the world need one or more assistive products.



1 out of every 5

People with disabilities are the largest minority group in America This group cuts across racial, ethnic, religious, gender and age boundaries. Anyone can become a member of this minority group at any time.





▶Sample Script

Did you know that one out of five people in the U.S. have disabilities? Persons with disabilities are the largest minority group in America. It's a diverse group that cuts across racial, ethnic, religious, gender, and age boundaries.

We encourage you to use "People First" language when you talk about disabilities. Those of us with disabilities are people first. Think: "people with disabilities," not "disabled people."

Anyone can experience disability at any time. Each of us in this room falls into one of two categories: We are either living with a disability or we are "temporarily abled."



Why Assistive Technology?

For a person without a disability, technology makes things LIFE easier....

For a person with a disability, technology makes things LIFE possible!









▶ Sample Script

→ Have you ever heard someone say this? "He's confined to a wheelchair." What would be a better choice of words?

Just say, "He uses a wheelchair."

Disability rights blogger Karen Willison says, "Wheelchairs give people mobility. So please stop saying 'wheelchair bound' or 'confined to a wheelchair.' I 'use a wheelchair' and I am free!"

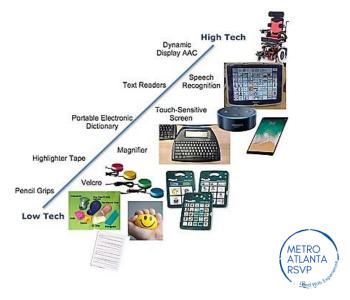
For a person without a disability, technology makes life easier.

For a person with a disability, technology makes life possible!



Let's look at Assistive Technology!

- Alarms & More
- Getting Dressed
- Kitchen Prep & Dining
- Using the Phone
- In the Car
- Tools to Help Maintain Health
- Voice Control Systems



▶Sample Script

Let's get down to specifics. For the next several minutes, you and I will take a quick look at assistive technology that can help us get through the day. The tools that we'll cover are related to:

- Waking up and getting out of bed
- Bathing and dressing
- Kitchen prep and dining
- Using the phone
- Riding in the car
- Medical information and organizers
- Voice control to help with many tasks.

We will show you a sampling of the kinds of assistive devices are available so that you can make more informed decisions about how AT can help you.

Remember that the Atlanta Regional Commission does not endorse any of the products that are described in this presentation. These are examples only -- not recommendations.



Waking up and Getting out of Bed

Alarm Bed Shaker

- Turbo charged loud, vibrating alarm clock /
- Shakes you awake with powerful bed shaker

Home Bed Assist Handle

- Provides a safe, secure grip for getting in & out of bed
- Slides under mattress





▶Sample Script

The first item we'll discuss is an Alarm Bed Shaker which is useful for people with hearing-related disabilities. This turbo-charged loud, vibrating alarm clock shakes users awake with a powerful bed shaker.

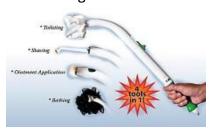
Once you're awake, getting out of bed is easier with a Home Bed Assist Handle. This simple tool provides a safe secure grip for getting in and out of bed. When not in use, it slides under the mattress.



Bathing & Dressing

Freedom Wand

- 4-in-one tool with attachments for
- Toileting
- •Hygiene
- Grooming



Woman's Adaptive Blouse

 Non-functional buttons are sewn to the front of the blouse.
 VELCRO® Brand fastener tabs are hidden underneath for easy fastening.





▶ Sample Script

Bathing and dressing are easier with products like these:

A Freedom Wand is a long-handled tool with multiple heads that helps people with limited mobility more easily use the toilet, shave, bathe, apply ointment, and perform other tasks that involve hard-to-reach body parts.

The right clothing can make dressing easier, too. For example, an adaptive blouse or shirt might have fake buttons on display with Velcro underneath for easy fastening.



Kitchen Prep & Dining

Robo Twist Jar Opener

- Opens jars of all sizes at the push of a button
- Perfect for individuals with arthritis or hand pain



Dignity Mug

- Multiple grips
- Increased stability



Non-Slip Placemat

- Keep plates/items from moving
- Use on Roller walkers
- Cut to fi





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▶Sample Script

Several types of AT make cooking and eating or drinking easier.

Does arthritis or hand pain make it hard to open jars? A Robo Twist Jar Opener opens jars of all sizes at the push of a button.

For coffee and tea lovers who have trouble gripping cups, a Dignity Mug offers a handle on each side for increased stability.

And there's a solution for migrating plates, too. A non-slip placemat is a simple cut-to-fit solution that keeps kitchenware from sliding and can be used to add traction to any surface.



Smart Spoons & More

Liftware Steady

- Electronically stabilizes so the attached utensil shakes 70% less than your hand
- Worry less about spilling and focus on enjoying your meal

Freedom Dinnerware

- Low vision, Alzheimer's Arthritis, Stroke
- Suction keeps from moving
- Helps with getting food on utensils









▶Sample Script

Do you experience pain, tremors, or conditions that make gripping and hand movement difficult? Many companies make adaptive dinnerware especially for you.

Liftware Steady spoons and forks electronically stabilize themselves so that your hand will shake up to 70% less as you lift dinnerware from the plate.

Freedom Dinnerware has computerized stabilization, spoon and fork attachments, and suctioned plates to decrease shaking, slipping, and spills during dining.



Using the Phone

Clarity Picture Phone

- Amplified Picture Memory Phone
- Amplified Volume- Up to 18dB
- · Hearing Aid Compatible
- Oversized Keypad Buttons
- Programmable Photo-Dial Buttons
- Bright Visual Ringer



Cell Phone Ringer Flasher

- Unique flash patterns & ring tones for landline, cell calls & Skype
- Bright indicator lights alert to missed calls & texts
- Jack to connect bed shaker for vibrating alert (bed shaker not incl.)
- Battery Backup (batteries not included)



▶Sample Script

Now let's turn to communications. Using the phone can be a challenge for those of us who may be hard-of-hearing or who may have low vision. Several devices can help.

One example is the Clarity Picture Phone which includes a large-button keypad, picture displays for frequently dialed numbers, a bright visual ringer, and an amplified volume. Like similar adaptive phones, it is compatible with hearing aids.

Another helpful device is a Cell Phone Ringer-Flasher. These phones have a range of different flash patterns and ring tones to help you sort out calls. Many also feature bright indicator lights to alert you to missed calls and texts, and some even have a jack to connect phone alerts to a separate bed shaker.



Driving or Riding in the Car

Handy Bar

- Automotive Standing Aid
- Emergency Escape Tool
- · Window Breaker
- Seat Belt Cutter





Silicone Seat Belt Reach Extender



Swivel Seat Cushion





▶ Sample Script

Make car rides easier with these simple, inepensive gadgets:

Do you wiggle and shimmy to get in and out of cars? Sit on a portable Swivel Seat Cushion to make entrances and exits smooth and stress-free.

A Handy Bar can give you an extra boost as you exit car seats. This small latching device can help you stand as you exit a car, and it also works in emergencies. Use a Handy Bar to break windows, cut seat belts, and aid with auto escapes.

And, when it comes to safety, we all know that seat belts are essential. But limited mobility can make it hard to maneuver the belt and buckle. Use a Silicone Seat Belt Reach Extender to easily pull your seat belt latch into the locking position.



Medical Information & Reminders

Epic ID Emergency ID Band

Plug this USB into your computer and inpuor update your personal information, medical history, and insuranceinfo.

USB is salt water safe.

No subscription or internet connection is required

Both PC and Mac compatible Easy for first responders to acces

<u>Reminder Rosie</u>

- Personal Voice Recorder
- Reminder
- Alarm Clock
- Easy to use







▶ Sample Script

Assistive Technology not only keeps us safe; it can help us stay healthier, too.

→ Ask Participants:

How many of you use a medical ID bracelet or have thought about getting one?

Some ID jewelry requires that we update our medical information online or by phone to keep details up-to-date. The Epic ID Emergency ID Band and similar devices enable wearers to update medications, doctors, and other information on the computer and insert the band's USB right into the bracelet. No subscription or internet connection is required.

Another helpful medical aid is Reminder Rosie, a personal voice recorder that includes reminders and an alarm clock. Rosie can share her recorded messages, using your voice or that of your loved ones. Imagine getting your recorded daily pill reminders from your grandson in Kansas City!

RSVP Presentation – Assistive Technology, Revised 7/22/22

Prescription Readers & Magnifiers

ScripTalk Station

- Prescription Reader Device
- Uses radio-frequency (RFID) and textto-speech tech
- FREE Offered by EnvisionAmerica



Medi-Grip Bottle Opener w/Magnifier

- Soft on the hand while maintaining a secure grip on smooth or ribbed bottle caps duringuse
- Built-in 4x magnifiermakes reading dosage or contents on labels easy.



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▶ Sample Script

Medication can help us stay healthy, so let's talk more about devices that help with prescriptions.

The ScripTalk Station is a prescription reader device. Slip your medication bottle into the ScripTalk to hear the name of the medication. No more slip-ups if you can't quite see the label.

The Medi-Grip Bottle Opener with Magnifier is a soft, comfortable gripping device for your medication bottles. Better still, it includes a built-in 4x magnifier to help you read the dosage and contents on labels.

Slide 17

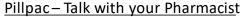
Medication Organizers

Med Center Organizer w/reminder system Monthly display, talking alarm



Automatic Pill Dispenser

- Holds 29 doses
- Up to 4 alarms per day



- Organized pills packaged by pharmacy
- Sealed pouches for each day
- Time stamped
- Lessen medication errors





▶ Sample Script

Sometimes, just organizing medications can be a challenge.

Try a Med Center organizer or an Automatic Pill Dispenser if you need more than a pill tray. They both feature large dosage displays and alarms to help you track medication times.

Your pharmacist can help you stay on top of medications, too. Many pharmacies can organize your medications into a Pillpac. They reduce medication errors by organizing pills into time-stamped, sealed pouches for each day. Find out if a PillPac might be an appropriate solution for you.

Slide 18

Voice ControSystems





Manage timers, smart home functions, information, music, cameras, news, and more through a voice control system such as Alexa.



Disregard distortions in this sample slide image. They do not appear in the original.

▶ Sample Script

→ Ask Participants:

Many of us may know someone with an Alexa or a similar voice-control system. How can such devices help us as we grow older? They can:

- provide timers, alarms, and calendar reminders.
- control the lights and manage the thermostat.
- be programmed to call for help when we ask.

A new system called "Alexa Together" features daily check-ins, emergency response alerts, communication with important family members, and more. Expect other companies to offer similar devices to help consumers age successfully at hime.

This is one more example of a common, multi-use item that is also a piece of assistive technology. AT is everywhere!



Assistive Technologynformation through



If you have a disability, ar 60 or older, and you are interested in learning more about AT and possible funding sources, call mpowerline at 404-463-3333.



Disregard distortions in this sample slide image. They do not appear in the original.

▶ Sample Script

Let's look at how to get assistive technology. Many devices are simple and easily affordbable, but sometimes we may need a little help.

If you have a disability or are 60 or older, and you are interested in learning more about AT and possible funding sources, call Empowerline.

To discover the types of devices might be helpful for you, call Empowerline at 404-463-3333.



What about Durable Medical Equipment?

- Grab bars
- Standard walkers
- Bedside commodes and 3:1 commodes(goes over the toilet but has legs)
- Wheelchairs
- Lifts to assist with transfer(such as a Hoyer lift)
- Hospital beds
- Ramps
- Stair lifts and lift chairs
- Bed trapeze bar (assists those confined to beds with transfers or adjustments in bed)
- Anything that is covered under Medicare Note that there may be exceptions.)

Contact Friendsof Disabled Adults and Children (FODAC).

770-491-9014 • www.fodac.org





Disregard distortions in this sample slide image. They do not appear in the original.

▶ Sample Script

Some AT items are not covered by Empowerline's funding program. Many of these devices are considered durable medical equipment.

This category includes items such as grab bars, standard walkers, bedside commodes, wheelchairs, hospital beds, ramps, stir lifts, and most equipment that would be covered under Medicare.

Refurbished durable medical equipment is available at low-cost from FODAC, Friends of Disabled Adults and Children. FODAC is located in Stone Mountain and serves the full Metro Atlanta region. To learn more, contact them at 770-491-9014.





GATEDP Georgia Telecommunications Equipment Distribution Program

Download Application





▶ Sample Script

Amplified and CapTel ® phones, adapted tablets, hands-free phones, visual alerts, personal amplifiers, and speech equipment are available for free, funded by the Georgia Public Service Commission.

The Georgia Telecommunications Equipment Distribution Program makes equipment and training available to Georgia residents who meet income requirements, own a landline or wireless equipment, show proof of a speech- or hearing-related diagnosis.

To find out if you are eligible, contact the Georgia Center of the Deaf and Hard of Hearing (GCDHH).

Visit: www.gcdhh.org/gatedp.

Call: 404-381-8447

Write: info@gcdhh.org.



More AT Funding & Resources

Credit-Able

Low interest, small loans

- \$250-\$5,000
- Interest rate of 5-9%

Used for:

- Equipment
- Software
- Home mods
- Vehicle mods

Dollars & Sense

- Your online funding guide
- · Create and add resources



disABILITY Resource Center

DRC has been committed to providing an array of services assisting individuals with disabilities to live independently, pursue meaningful goals, and have the same opportunities and choices as all persons in the community.

iCanConnect

iCanConnect provides people with both significant vision and hearing loss with free eEquipment and training.

METRO ATLANTA

▶Sample Script

We've talked about three sources of AT equipment and funding: Empowerline, Friends of Disabled Adults and Children (or FODAC), and the Georgia Telecommunications Equipment Distribution Program (or GATEDP). These are additional resources:

Credit-Able: The Center for Financial Independence and Innovation of Georgia provides low-interest small loans, from \$250 to \$5,000, at a 5-9% interest rate. Credit-Able loans can be used for equipment, software, home modification, and vehicle mods. Reach Credit-Able by contacting Georgia tools for Life at 404-894-0541.

iCanConnect provides people who are deaf-blind or who have both significant vision and hearing loss with free equipment and training. Visit www.icanconnect.org or contact the Georgia Center of the Deaf and Hard of Hearing (GCDHH) at www.gcdhh.org or 404-381-8447.

Dollars & Sense: Navigating the Funding Stream is an online funding guide for disability-related resources. Access the guide through the Georgia Tools for Life website by visiting http://gatfl.gatech.edu//ds.

The disABILITY Resource Center provides information, advocacy, peer support, and more to individuals with disabilities. Reach DRC here: www.disabilityresourcecenter.org or 706-778-5355.



Assistive Technologyab Goals & Disclaimer

The Assistive Technology Lab at Cobb Senior Services and the AT lab at Georgia Tech's Tools for Life center have a common purpose. The labs are here to help community members make informed decisions when selecting assistive technology devices appropriate to their needs.

We do not endorse any specific product or brand.

The products described in this presentation were selected based on the following factors:

- Research
- · Information provided by Georgia Tech Tools for Life, and
- · Product popularity based on the device's features.

Each person has different needs and desires, and we recommend testing multiple products and features to ensure the best fit for the individual.



Disregard distortions in this sample slide image. They do not appear in the original.

▶Sample Script

The Empowerline display case at the Atlanta Regional Commission, the Assistive Technology Lab at Cobb Senior Services, and the AT lab at Georgia Tech's Tools for Life center all have a common purpose. The display case and labs are are all here to help community members make informed decisions when selecting assistive technology devices appropriate to their needs.

We do not endorse any specific product or brand.

The products described in this presentation were selected based on the following factors:

- Research
- Information provided by Georgia Tech Tools for Life, and
- Product popularity based on the device's features.

Each person has different needs and desires, and we recommend testing multiple products and features to ensure the best fit for the individual.





www.empowerline.org

or

404.463.3333



▶Sample Script

For answers on Assistive Technology, services, subsidized equipment sources, and funding programs, connect to our Empowerline service which is available 24 hours a day.

You can also call our Empowerline Partners located throughout the Atlanta Region. All telephone numbers are listed on the handout card.

And for those who would like to visit our website, it is www.empowerline.org.

Contact Empowerline for additional information or questions at 404.463.3333



Thank you for participating.

- For questions regarding this presentation, email volunteer@atlantaregional.org
- To learn more about Aging Well visit www.Empowerline.org
- To find additional events visit www.Empowerline.org/events
- To become a volunteer, visit www.Empowerline.org/volunteer











▶ Sample Script

Thank you for participating. This has been a presentation of AmeriCorps Seniors RSVP of Metro Atlanta. To request a presentation or volunteer, write <a href="worker-worke

- → Handouts: Distribute handouts if you have not already done so.
- Handouts: Distribute the participant feedback form.