

# Dispose of Medicines, Vitamins & Other Supplements Properly

Do you have unwanted or expired prescriptions, over-the-counter medicines or supplements in your home?

Do **NOT** flush or pour them down the drain unless noted differently on the medicine's packaging!



**Do not flush medicines, vitamins or other supplements down the drain unless noted on the packaging.**



**Remove or conceal personal information and Rx number using a black marker.**



**Put undesirable substance such as used coffee grounds or cat litter into disposable container with lid (or plastic bag). Mix the medicine or supplement with undesirable substance.**



**Seal medicine mixture with lid or inside plastic bag. Dispose mixture and medicine container in trash.**



**Close or tie trash bag. Take trash bag out to garbage as close to garbage pick up time as possible.**

Call your local trash or recycling provider for information on Drug Take Back programs & recycling options.