**Reimagine Aging**

**WHY THIS CONVERSATION MATTERS**

**ABOUT THIS CONVERSATION**

By 2030, one in four residents in metro Atlanta will be over the age of 60. People who age in their communities and have adequate access to services generally have better health and quality of life. Achieving policies and practices that fully include older individuals in community life begins with challenging common negative stereotypes—and that’s where this conversation starts.

**QUICK FACTS**

Metro Atlanta has one of the nation’s fastest-growing populations of older persons. The 65+ population in metro Atlanta is forecast to reach **1.2 million by 2040**.

Atlanta is predicted to have the worst transit access in the nation for older adults. **90 percent of metro Atlanta’s older adults** ages 65-79 were predicted to have poor transit access in a 2011 study.

The cost of maintaining a home can be prohibitive, especially for low-income older adults who own older homes that require more upkeep. Financial stresses can increase with age due to limited paychecks, fixed income, or reliance on modest Social Security income. About **25% of metro Atlanta residents** age 65+ have an annual income less than two-times the poverty level ($23,512 if living alone or $29,656 for two people).

According to the AARP, four million older adults enrolled in Medicare have **poor social networks** — and prolonged isolation can be as bad for your health as smoking 15 cigarettes a day.

**ABOUT CIVIC DINNERS**

A Civic Dinner follows a simple structure, with 6-10 people gathering over a meal to discuss a specific topic. The host follows a simple guide with three big questions, allowing everyone equal time to share with one voice at a time. This format is designed to avoid debate or dominant voices, and instead encourages listening and understanding of different perspectives.

**HOW TO GET INVOLVED**

SIGN UP  ATTEND A DINNER  HOST A DINNER

civicdinners.com/ARC-aging